

6/2014

Primary Health Care
<http://www.bristol.ac.uk/primaryhealthcare>



Teaching Newsletter

Canynge Hall, 39 Whatley Rd, BS8 2PS Tel 0117 33 14546 Fax 0117 928 7325
phc-teaching@bristol.ac.uk

Have you booked your teaching for 2014-15?

Our recruitment letters for Years 1-5 have gone out. Please could you make sure that all GPs in your practice are aware of the teaching opportunities. If you have not seen the letters and would like to teach, please email phc-teaching@bristol.ac.uk. Please email us as soon as you can as we will be starting to allocate students to practices shortly.



2014 GP Teacher Prizes

This year we had 43 nominations for Years 1-5. We would like to congratulate all of them on their excellent teaching. The **winners** were announced at the Summer Education day on 24th June. They are



Year 1	Trish McQuoney	Air Balloon Surgery, St George, Bristol
Year 2	Susan Green	Shirehampton Group Practice, Bristol
Year 3	Shanta Nair	Bartongate Surgery, Gloucester
Year 4	Jane Edge	Horfield HC, Bristol
Year 5	Ronita Porter	College Way Surgery, Taunton

All GP Teacher Prize nominees, winners underlined

All nominees will be informed and will receive their student comments.

Year 1

Hugh Davies, Claire Rowell, Emma Mason, Sarah Wigmore, Mike Armstrong, Peter Young, Daniel Hirsch, Raiyan Talha, Hannah Condry, Mark O'Connor, Rachael Kenyon, Trish McQuoney

Year2

Geoff Hogg, Simon Tucker, Lanil de Silva, Jane Edge, Kate McMaster, Karen Prees, Geoff Hodge, Susan Green

Year3

Elise Godfrey, Thomas Agombar, Bernard Newmarch, Darragh O'Driscoll, Nick Alexander, Fiona Peach, Martin Wicks. Jenny Parvin, Shanta Nair

Year 4

Guy Worsdall, Joe Hogg, Sam Davies, Christopher Chubb, Pro Sarker, Sarah Jahfar, Julianne Matthies, Rebecca Hennessy, Jane Edge

Year 5

Ian Cameron, Ronita Porter

Congratulations to everyone!

Summer reading suggestions and **teaching tips** from the Summer Education Day on **page 2**

Medical School Newsletters can be found here

<https://www.bris.ac.uk/medical-school/staffstudents/student/newsletter/?ticket=ST-19867201-bwiwQuiZQmJbonba2aVC-cas>

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Summer reading suggestion from John Salter, GP Academy lead for Gloucester

The following books are compulsory reading for my students and GP registrars. If they have to read them, so do you!

1. Touching the void Joe Simpson
 2. Complications Atul Gawande
 3. Cutting for Stone Abraham Verghese
1. If you think being a student/GP is tough, read this and reassess
 2. When to and when not to get involved. Where medicine and society meet
 3. Ethics and history

Teaching tips from the Summer Education Day

If you would like to read more teaching information and tips from this day, please go to our website for workshop reports. The 2014 report will be there by the end of July.

<http://www.bristol.ac.uk/primaryhealthcare/teachingtutors/workshops/workshopreports/>

Depression Nicola Taylor Consultant Psychiatrist, Bristol

SSRIs work within 1-2 weeks ☼Elderly—watch for low sodium ☼Assess all for risk of GI bleeding ☼Can stop one and start another the next day, except Paroxetine

Learning difficulty Jo Kingston ST4 in Psychiatry

'Intellectual disability' will replace the term Learning difficulty

- With medication - start low go slow
- No 2 people with LD are the same
- Concept of time is difficult as well as death / suicide
- Distinguishing feelings from thoughts is difficult

How do you assess someone with mild LD?

- Normal approach
- Simple sentences, one question at a time only!
- What do you like doing? Are you happy or sad? What makes you happy / sad?
- Easy to make assumptions—avoid!

Evidence based teaching

Patients in teaching Nicola Park GP and Senior Lecturer at UCL

GPs have a powerful role as broker of interactions between patients and students. Patients reported reduced empathy in consultations with students present, especially when they felt objectified. When patients felt included in treatment they felt much better

What can we do to help include both students and patients?

- Ask the patient - is there one tip for this student to become a better doctor
- Signpost in a consultation when the consultation moves towards teaching "I'm just going to put X on the spot a bit here and ask ..."
- Ask students to sign a card to send to patients after a teaching session - include some feedback from the students about how useful it was
- Teaching- planned/unplanned? patient expectations? objectify patients less!